



*Baby's Facebook picture sparks investigation into teenage mother*

A teenage mother was investigated by police after photographs of her six-month-old son with a cigarette in his mouth were posted on Facebook. Rebecca Davey, 18, was reported by online friends who spotted the picture of baby Ollie. It showed the tot in a striped babygro, with the unlit cigarette hanging from his mouth.

Rebecca then updated her status to read: "Some w\*\*\*\*\* reported me to the police abwt picture off ollie." Essex police visited Rebecca's home in Southend, Essex, but said there were "no immediate concerns" for the child's welfare. Social services also made inquiries. Rebecca then declared her love for her son, writing: "Why Would SomeOne Do That To Me U Ollie No was taking U Yur Mine for lyfee Darlinggg Mummy Loves You :)". The photo was later removed. COURTESY MAIL

## RUNNING COULD HELP JOG MEMORY AND HELP BRAIN GROW

JOGGING a couple of days a week was shown to stimulate the brain, which led to a big impact on mental ability, university neuroscientists discovered. The study, conducted with the US National Institute on Ageing in Maryland, found that a few days of running led to the growth of hundreds of thousands of new brain cells in a region that is linked to the formation and recollection of memories. Running improved the ability to recall memories without confusing them, a skill that is crucial for learning and other cognitive tasks, according to the study published in the Proceedings of the National Academy of Sciences. It could lead to new ways of potentially slowing down deterioration of mental ability which can affect many people in old age. "We know exercise can be good for healthy brain function, but this work provides us with a mechanism for the effect," said Timothy Bussey, a behavioural neuroscientist at Cambridge and the study's senior author. COURTESY TELEGRAPH

